# **SOCIAL GROUPS**

# **SOCIAL GROUPS**

# **Neighbourhood House Week 2025**



Wed 14th May at 12pm

Celebrate with us

Neighbourhood House Week

and come and join us for a

FREE warm soup & fresh

bread

Bookings required by 8th

May!

neighbourhood

**HOUSE WEEK MAY 25** 



Join us for a friendly chat and

connect with other House Members over a delicious lunch.

The café/restaurant will be chosen by the majority. Everyone will pay for their own lunch. Please let us know if you plan to attend so we can make a reservation by June 11th.

# **Knitting Group**

Come join us and knit a square to make a blanket to help those less fortunate in our community to keep warm this winter. We have needles and some wool to get you started.



#### **COMMUNITY LUNCH**

**Burmese Cuisine Booking essential.** 

Date: Wednesday

21st May & 25th Jun 2025

Time: 12 noon Cost: \$10



## **Book Club**

Please join us to share your favourite book.

Dates: 12th May & 23rd Jun

Time: 11am - 12pm

Cost: Gold coin, Tea & coffee provided.



BSB: 633-000 Acc No: 149 516 049

Facebook https://www.facebook.com/KerrimuirNH Website https://www.kerrimuirhouse.org.au/

Kerrimuir Neighbourhood House gratefully acknowledges















# Term 2, 2025 Course Guide

Tue 22nd Apr - Fri 4th Jul
2025
(Closed 25th April - ANZAC Day
&
9th June - King's Birthday)



57 Linda Avenue, Box Hill North VIC 3129
Phone: (03) 9899 7660
E-mail: info@kerrimuirhouse.org.au



# Welcome to Term 2

Participants of KNH strength

classes may be asked to consult

with their Doctor.

#### **ART ADULTS** Watercolour Classes

Join in Watercolour classes and learn the tricks and techniques of creating beautiful pieces of art.

Thursdays 9:30am - 11:30am

1st May - 27th Jun (9 weeks)

Cost: \$225 per Term





Cost: \$225 per Term

# KIDS CREATIVE ART CLASS

Join us for fun creative Kids Art Class with the very talented Artist Anna.

Wednesdays: 4pm - 5.30pm Age group 5 -9 year old

23rd Apr - 2nd Jul, 11 weeks Cost: \$275 per Term (2 split payments per Term acceptable)



#### **EXERCISE / HEALTH**

## **Strength Classes**

**Senior Adults** 

In this class you will use hand weights, movement and circuit work to improve your general fitness.

Wednesdays 9:15am - 9:55am

23rd Apr - 2nd Jul, 11weeks

### **Exercise, Strength & Fitness**

Improve your muscle tone, coordination, balance and core strength while improving your overall health.

**Wednesdays 10:05am - 10:45am** 

23rd Apr - 2nd Jul, 11 weeks

**COST:** FREE for the month of May

(normally \$10 per session).

# **Stretch & Strength Adults**

This gentle exercise class will combine gentle movement with the use of weights to improve muscle tone, coordination and balance with a much needed body stretch

**Mondays 9.15am - 9.55am** 

**28th Apr - 30th Jun** (no class on 9th June - Public Hol.) COST: Mon \$90 (9 weeks)

## Walking Group

Come along and join in our walking group. Great way to keep up your fitness and meet others. We often stop for a coffee or Tea at a local Café. Mondays 10:00am (meet at house during School Term) Cost: \$5 per term (admin fee)

### **SOCIAL GROUPS**



**Thursday Kerrimuir Playgroup** 

Thursday's during school Term

Time: 9.30am - 11.30am Age group: 0 - 4 years old

Cost: \$20 per Family per Term

Places are limited.

# **Chinese Playgroup**

Friday's during school Term,

Time: 12.30pm - 2pm Age group: 0 - 4 years old

Cost: \$20 per Family per Term

Call us to enroll on 03 9899 7660

## **English Conversation**

Join us for a friendly conversation to practice your English to get ready for your everyday life situation.

#### **Starts Tuesday 29th April**

Time: 10am - 11.30am

Cost: \$40 per Term (10 Sessions)

Call us to enroll on 03 9899 7660

#### **Mahjong Western Style**

Friday 10am - 12pm Beginners welcome!

Cost: \$4

Coffee & Tea included

